

# The International Mazdaznan Summer Week - 2019

12th of August to 17th of August 2019

Theme: “Mazdaznan into the 21st century”



## Welcome to Denmark !

We are very happy to invite everybody to the international Mazdaznan Family and Friends Week in a peaceful setting of great natural beauty. This pearl is located right at the Danish sea (Kattegat) on the large island Zealand, close to the little town Nykoebing Sjaelland, Denmark.

We shall meet in a summer-course/retreat venue, Martinus Center Klint. The light atmosphere and the surrounding beach, sea, woodlands and sand hills create the perfect setting for an enriching time together. The venue is a spiritual study-and course center with delicious organic vegetarian and vegan catering. The cosy rooms, almost all equipped with a kitchenette, are placed in different types of houses like pavillions, summer houses/huts and small cabins. Additionally there is a camping site with the possibility to bring one's own tent.



In these idyllic settings we hope to get inspiration - together - to expand and maybe renew the interpretations and specific wording of the Mazdaznan teachings. These teaching are the foundation of the whole week and we hope to assist its forward move into the 21st century.

## Mazdaznan into the 21st century

The Mazdaznan philosophy probably takes its origin about 10.000 years back in time with highlights such as the “Pearls of Ainyahita” and the wisdom teachings of Zoroaster ( Zend Avesta), but provides a very modern and potent example of the importance of wise and loving thoughts ‘Good thoughts - Good words - Good deeds’. The teachings were brought to the western world by O. Z. A. Hanish about 100 years ago in that eras language, fitting that eras society.

So how do we - in a present-day language and fashion - convey this wisdom of life and its essential exercises, maintaining the uplifting spirit that permeates the philosophy?

## Activities

The daily programme includes simple exercises for optimal breathing, for revival of the glandular system, for

harmonizing body and mind. We strive to achieve a well balanced variation of inspiring talks, light physical activities, exchanging ideas, singing, contemplation and spiritual/creative stimulation. Doing workshops, enjoying the surrounding nature, going on small excursions, entertaining each other. We will arrange choir practise, sacred dances and festive entertainments.

## For the families

Childcare and activities for children will be arranged with a German speaking person in charge. There is a 'creativity' house with a kitchen at our disposal at the camping site, with great possibilities for indoor or outdoor activities. Excursions to the beach and forest to find creative uses for nature's materials. Painting on stones and wood, building sculptures. As well as ball games on the spacious camping site.

For 'the youngsters' there is the further possibility of a workshop. The theme could be: "Why Mazdaznan? How do I make use of Mazdaznans simple health advice in my own daily routine?" Possibly including interviews, writing, photography, conversations etc.

## Practical info

**Time:** From monday the 12th of August at 6 p.m. for dinner (arrival and getting settled from about 4 p.m. to 6 p.m.) to saturday the 17th of August 2019, after lunch.

### Place:



See more info at the venues webpage [www.martinuscenter.dk](http://www.martinuscenter.dk)

or [www.mazdaznan.eu](http://www.mazdaznan.eu) under Q&A. Further accommodation: Try booking.com, hotels.com ( search for the closest town: 'Nykoebing Sjaelland')

**Meals:** Breakfast, lunch, dinner as well as tea/coffee breaks.

Klint Cafe at the reception area will be open for coffee and snacks during certain hours. There are several common rooms with TV and Wifi. All accommodation rooms are equipped with a kitchenette, except camping site cabins, which have access to a big shared kitchen.

Single beds/ twin beds in all the double rooms and summerhouses.

Grocery shopping possible at local store 2 miles away or in Nykoebing Sjaelland 5 miles away.  
Bicycle hire possible at the venue.

Possibilities for own excursions , se Q&A at [www.mazdaznan.eu](http://www.mazdaznan.eu)

**We are looking forward to a free, open and lively week together - all nationalities and all ages!**

## On behalf of the Mazdaznan in Denmark:

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## Bookingform:

Preferably use online booking on [www.mazdaznan.dk](http://www.mazdaznan.dk) or via email or mail to:

Solveig Jacobsen, Solbakkevej 6A, Dk – 9800 Hjørring, Phone: +45-2648 6679  
 E-Mail: [solveigjac@gmail.com](mailto:solveigjac@gmail.com)

Name1: \_\_\_\_\_ Age: \_\_\_\_\_

Name2: \_\_\_\_\_ Age: \_\_\_\_\_

Name3: \_\_\_\_\_ Age: \_\_\_\_\_

Name4: \_\_\_\_\_ Age: \_\_\_\_\_

Name5: \_\_\_\_\_ Age: \_\_\_\_\_

Name6: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

Post code: \_\_\_\_\_

Town / Country: \_\_\_\_\_

Phone (landline): \_\_\_\_\_

Phone, mobile : \_\_\_\_\_

E-Mail: \_\_\_\_\_

### Accommodation (including 3 meals a day) and costs:

Tick off	Type of accomodation	Price DKR	Price euro
<input type="checkbox"/>	Single room*	4.400,00 kr.	€590,00
<input type="checkbox"/>	Single room, simple*	4.100,00 kr.	€555,00
<input type="checkbox"/>	Single room, with toilet/shower	5.600,00 kr.	€750,00
<input type="checkbox"/>	Double room*	4.000,00 kr.	€540,00
<input type="checkbox"/>	Double room, simple*	3.700,00 kr.	€495,00
<input type="checkbox"/>	Double room, with toilet/shower	5.100,00 kr.	€690,00
<input type="checkbox"/>	Summerhouses (large huts), Cabins*, Families/groups 3-5 pers	4.000,00 kr.	€540,00
<input type="checkbox"/>	Own tent on camping site - Common kitchen and toilet/showers	3.400,00 kr.	€460,00

\*) Most accomodation share toilet and bathing facilities within the same building. Full privacy of course, not 'common bathing' :-). Bring your own bathrobe.

- Children and youngsters accompanied by an adult - half price and a further reduction of 100 € per child.
- Youngsters without own income: A reduction of 100 € from the price.
- Possibility of self catering ( ie only accommodation and course, no meals): contact us for arranging this.
- Transportation (coach) from Copenhagen Airport directly to the Venue Martinus Center Klint:  
Departure the 12th of August at 2.30 p.m. from the airport. Returning to the airport on Saturday the 17th of August, departure from the venue at 2 p.m, arrival at airport around 4.30 pm.  
Booking below , price : 25 € per person each way, ie 50 € return.

**Payment to: 'Folkesparekassen'**

From abroad : IBAN-account number: **DK089860000710431** BIC-kode: **FOSPK21**

Please forward your payment as soon as possible after receiving your booking confirmation. The booking is valid as soon as your payment has been received. Cancellation possible before 12th of July 2019 with a full reimbursement minus the deposit fee of 500 kr (67 €).

**Excursions (tick off), included in the price:**

- Bustrip thursday afternoon to Nykoebing Sjaelland ( seaside town nearby), visiting Hempel Glass Museum, 'Glashytten' - a glassblower, the harbour area with shops and arts/crafts. Time to explore by yourself.
- A walk along the beach to Klintebjerg Nature reserve and Sonnerup forest which has a particularly peaceful atmosphere. Cars will be arranged for those who find the walk along the beach too strenuous.

I arrive by car/train/bus/plane: \_\_\_\_\_

Transportation by coach from and to Copenhagen Airport (see above, 25€ each way)   \_\_\_\_\_

I speak the following languages:  Dan,  Eng,  Ty,  NI,  Hu,  Fr,  other: \_\_\_\_\_

I can be of help with translations during the week (if so: which languages) \_\_\_\_\_

If you play a musical instrument we hope you will bring it, please list which instrument(s):  
\_\_\_\_\_

Other comments: \_\_\_\_\_  
\_\_\_\_\_

Vegetarian  Vegan

Other comments regarding food/diet: \_\_\_\_\_

I hereby confirm my booking for the International Mazdaznan Summer week 2019, 12th -17th of August (5 nights).

Insurance: Participation happens under your own responsibility.

If needed, consider arranging insurance: travel, cancellation, health or other.

Date and signature: \_\_\_\_\_